

24 hour urine collection information sheet

1. The container should contain a small amount of preservative for the appropriate tests (if required) - **do not discard this preservative** (powder or small amount of liquid).
2. The **first** urine passed after getting up in the morning **should not** be collected.
3. From then on, **all urine passed** during the next 24 hours should be collected into the container provided.
4. The collection will be completed when the urine passed after getting up the following morning is collected into the container.
5. The complete collection should be taken to **Central Specimen Reception** on the ground floor of the Bessemer Wing at King's College Hospital.
6. **It is essential that the urine collection is properly labelled with the following information:**

Your name

Your date of birth

Your hospital number (if available)

Date and time when the urine collection was started and finished

Ward or GP name

Consultant / GP name

Please note, any unlabelled urine collections received will be discarded and will not be tested

7. A test request form must be handed in with the collection.
8. If a **creatinine clearance** has been requested, a blood sample should either be taken at the end of the collection (in-patient) or when the collection is brought to Central Specimen Reception (out-patient).
9. If **5HIAA** testing is requested, the following should be avoided for a 24 hour period prior to the start of the collection, as well as during the collection: avocados, bananas, pineapples, plums, walnuts, tomatoes, kiwi fruit, sweetcorn, broccoli, spinach and aubergine (egg plant).